

Your Space - Your Inspiration

Episode 5 Fun Sheet

Your Encouragement

- No matter what we do, create, or produce we do pour best work when we are inspired.
- Ask, what must my space physically, emotionally, and spiritually provide me so I am inspired?
- Answer: What will I use my space for? Where is the best place for it? How do I want to feel when I'm in my space? What will it take to create it?
- Remember everything you put in it will either <u>add to</u>, or <u>take from</u> your sense of peace and inspiration. Be intentional.

Your Enpowerment

Know what your space needs to provide. Is it calm, grounded vibes? Or high-energy, get 'r done ones? Or, maybe a combo.

Sit and envision yourself in THAT environment. What do you see? Is it the color that grounds you? The wall art the amps up your energy? Make a list of things that *feed* how you want to *feel* when you're in it.

I say put your new space in a place of least resistance and least investment. Let the DIYer in you out to play! (Email me to get *I Hacked My Office*)

Be creative, resourceful, and ready to repurpose. Sell things you don't need to afford what you do. Beg, borrow...but no stealing! Short of that - GO FOR IT!

Have fun with this. Remember to email me your before and afters.

Jood work Ladies!!!